

## About Occupational Medicine

### What is occupational medicine?

Occupational medicine is the branch of medicine that deals with the prevention and treatment of diseases and injuries that occur at work.

### How is this different than seeing a family physician?

Occupational medicine clinics are not open to the general public - they only serve employers and their employees. With on-site visits, staff are able to provide focused injury care that utilizes their knowledge of the working environment. A "back to work" philosophy seeks to minimize case length and reduce workers compensation expenses.

### Who works in an occupational medicine clinic?

Staff who work in an occupational medicine clinic specialize in work-related medical care, including preventative medicine and wellness. Nurses obtain training and certification in specialty areas, such as federal drug and alcohol test collections, OSHA compliant audiometric testing, pulmonary function testing and more.

### How are these services billed?

Occupational medicine clinics bill directly to employers or directly to the employer's insurance carriers - not to the employee's personal insurance.



An Affiliate of  UnityPoint Health



### Hours:

Monday through Friday  
7 a.m. - 5 p.m.

Phone: 515-386-0229  
FAX: 515-386-2480

### Occupational Medicine

1000 West Lincoln Way  
Jefferson, IA 50129

[www.gcmchealth.com](http://www.gcmchealth.com)

# Occupational Medicine

A partnership that can improve  
workforce health and productivity



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## Employer Focused

Work-related injuries and their related expenses are typically one of the top three most expensive line items on an employer's budget.

Occupational medicine clinics are uniquely qualified to meet an employer's specific medical needs. With a proven history of helping employers reduce workers compensation costs, our occupational medicine clinic can partner with your business to help you improve the health status and productivity of your workforce.

### Workers Compensation Injury Care:

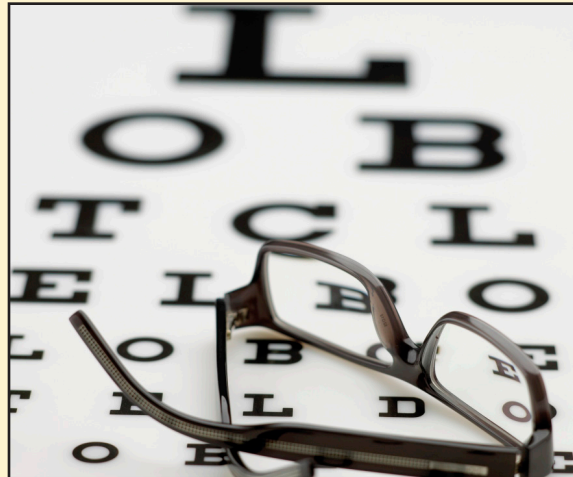
- Eye injuries
- Fractures
- Lacerations
- Sprains/Strains

### Drug Screens:

- DOT and non-DOT certified drug and alcohol collections and testing
- DOT and non-DOT certified alcohol breathalyzer with confirmation



## Comprehensive Services



Our occupational medicine services provide a comprehensive, effective management program for companies of any size - large or small. Our staff will collaborate with you to help manage risk factors, keep your employees happy and healthy and get them back to work quickly and safely after an injury.

### Other services provided include:

- CPR certification
- DOT physicals and re-certifications
- Pre-employment physicals
- EKGs
- Basic hearing and vision screens
- Immunizations
- Pre-work screens/functional capacity evaluations
- Ergonomic testing at work station
- Mask fit testing (qualitative)
- Spirometry/pulmonary function tests
- On-site educational and safety meetings
- Further cardiopulmonary services in medical center

## Experienced Professionals

Our staff is credentialed and licensed according to national standards.

- DOT specimen collector certification
- Breath alcohol technician certification
- NIOSH-approved spirometry certification
- Ergonomics for general industry certification



In addition, the occupational medicine clinic works closely with:

- Emergency department
- Physical therapists
- On-site laboratory
- Imaging
- Other specialists

**To learn more about how occupational medicine can partner with your business, call:**

Deb Wolterman, RN  
515-386-0229